BOOST schedule | Language activities





	Monday	Tuesday	Wednesday	Thursday	Friday
Language café <i>Practice Dutch (speaking)</i> Taalcafé	13:00 – 15:00	13:00 – 15:00	13:00 – 15:00	10:00 – 12:00 13:00 – 15:00	13:00 – 15:00
Language theatre Dutch for beginners Classroom 2.1	13:00 – 14:00	13:00 – 14:00	13:00 – 14:00	13:00 – 14:00	
Dictation Practice Dutch (listening and writing) Classroom 1.8		A2 – B1: 13.00 – 14.00 A1 – A2: 14.00 – 15.00			
English lesson* <i>Learn English</i> Classroom 1.8 / 1.11	12:45 – 14:45	12:45 – 14:45		12:45 – 14:45	13:00 – 15:00
English language café <i>Practice English (speaking)</i> Classroom 1.12	15:00 – 16:00	15:00 – 16:00	15:00 – 16:00	15:00 – 16:00	15:00 – 16:00
Arabic lesson* Learn Arabic Classroom 1.4 / 1.8		13:00 – 15:00 15:00 – 17:00			15:00 – 17:00

BOOST schedule | Help / Information ?



	Monday	Tuesday	Wednesday	Thursday	Friday
Women's group Support for women (and children) Classroom 1.12					10:30 – 12:00
Language coach (1-on-1)* Support with Dutch (i.e. homework	13:00 – 15:00)	13:00 – 15:00	13:00 – 15:00	13:00 – 15:00	13:00 – 15:00
Consultation with Subhi Information about BOOST Inform at the info desk	14:00 – 16:00				
Consultation with Margaret Support with work and studies Bar	09:00 – 10:00		09:00 – 10:00		
Health café Questions about health(care) Taalcafé	12:30 – 15:30		12:30 – 15:30		
Future Work Support with work Classroom 1.4				10:00 – 13:00	
UAF office hour Support with work and study Classroom 1.6	-			10:00 – 12:00	
Consultation with Buurtteam Support with practical questions Bar				13:00 – 15:00	

BOOST schedule | Sports



		Monday	Tuesday	Wednesday	Thursday	Friday
Kickboxing Gym		15:00 – 16:30				
Fitness Gym	NEW					10:30 – 12:00 15:00 – 16:30
Soccer Gym				15:00 – 17:00		
Volleybal Gym			15:00 – 17:00			

BOOST schedule | Courses





	Monday	Tuesday	Wednesday	Thursday	Friday
Sewing class Practice sewing Classroom 0.7		13:30 – 17:30			
Cycling lesson* For women Gym	10:30 – 12:30	10:30 – 12:30		10:30 – 12:30	
Bicycle repair Bicycle repair shop		13:00 – 17:00	13:00 – 17:00	13:00 – 17:00	
BOOST Band Make music Classroom 0.7	15:30 – 17:30				
Music workshop <i>Learn to play an instrument</i> Classroom 0.7			15:30 – 17:30		
Motiv8 Set goals Lokaal 1.8			13:00 – 17:00		
Clothing repair Get clothes repaired Classroom 0.7	10:00 – 15:00		10:00 – 15:00		

^{*}Registration required. Register at the info desk.